

CHC43121

Certificate IV in Disability Support (Disability)



About Us

Train with confidence. Care with purpose. Grow with Assist Ability Academy... We are a fully accredited Registered Training Organisation (RTO) created to meet the growing need for skilled, compassionate professionals in the care and support sector.

What you will learn

Transform your passion for helping others into a professional expertise through our hands-on training courses. You will gain a deep understanding of how to manage legal and ethical obligations while actively promoting community participation for those you support. By focusing on healthy body systems and person-centred behaviour supports, you will learn the generalised skills required to provide meaningful assistance to individuals with diverse needs in a real-world environment.

Course Description

Learn the skills and knowledge required to work effectively in community settings and peoples' homes, who provide support in a manner that empowers people with disabilities to achieve greater levels of independence, self-reliance, community participation and wellbeing. The role of workers is to promote a person-centred approach, work according to and may contribute to an individualised plan, and work without direct supervision. People in this role may be required to supervise and/or coordinate a small team.

Units of Competency

Core Units of Competency

- CHCCCS044 Follow established person-centred behaviour supports
- CHCDIS017 Facilitate community participation and social inclusion
- CHCDIS018 Facilitate ongoing skills development using a person-centred approach
- CHCDIS019 Provide person-centred services to people with disability with complex needs
- CHCLEG003 Manage legal and ethical compliance
- CHCMHS001 Work with people with mental health issues
- HLTWHS003 Maintain work health and safety

Elective Units of Competency

- CHCDIS020 Work effectively in disability support
- CHCCCS041 Recognise healthy body systems
- HLTHPS006 Assist clients with medication

Work Placement Requirement

This course has been designed with 120 hours of student work placement with our assessors attending your nominated location to perform the work placement observations. If you do not have a nominated workplace for placement we can assist with a practical placement support at Assist Ability Australia a nationwide NDIS Disability Support provider. Reach out to our enrolment officer to assist you.

Delivery Type

Blended Delivery

- Online Structured Self-Directed Learning
- Face to Face Classes
- Work Placement Training

Delivery Mode

- 2 days p/week classes
- 6 x 20-hrs p/week Work Placement
- 5-hrs p/week Structured Self-Directed Learning



Entry Requirements & Enrolment Information

Pre-Requisites

Completion of: CHC33021 Certificate III in Individual Support (Disability)
OR
Completion of: CHC33015 Certificate III in Individual Support (Disability)
OR
Completion of: CHC30408 Certificate III in Disability PLUS the CHCSS00125 Entry to Certificate IV in Disability Support Skill Set

LLND Test

Participants are required to complete a Language, Literacy, Numeracy and Digital (LLND) skills assessment to finalise their enrolment into the course. The required ACSF levels for workers in this industry are:

- Learning – Level 4
- Reading – Level 4
- Writing – Level 4
- Oral Communication – Level 4
- Numeracy – Level 3

Our Foundation Skills Support person can discuss ways in which we can work towards uplifting your learning, reading, writing, oral communication and numeracy levels into a personalised plan.

Online Learning

Students will be required to complete their theory modules through their individual student portal. Students are required to dedicate approximately 5 hours per week, completing the pre-reading materials in the LMS before attending the face-to-face sessions.

Technology

Students are required to have a device with internet connection with a minimum of 8GB of RAM, microphone, video and speakers.

Physical

- Visual Monitoring - Identifying indicators of changes in body systems and manifestations of health problems.
- Auditory & Verbal - Discussing goals with families and interpreting health terminology with professionals.
- Physical Coordination - Coordinating the delivery of plans for people with complex or special support needs.
- Manual Dexterity - Documenting use of restrictive practices and reporting changes in behavior.
- Mobility & Stamina - Performing support in varied disability contexts and simulated environments.
- Sensory Detection - Recognising signs of oral pain and skin integrity issues like pressure injuries.

RPL and CT

Participants are welcome to apply for Recognition of Prior Learning (RPL) and Credit Transfer (CT) prior to approving your individual training plan. Refer to the student handbook for further information on the application process.

Certification

Students who successfully achieve competency will receive an NRT, Certificate and Statement of Attainment in:

- CHC43121 Certificate IV in Disability Support

Terms and Conditions

Access the full terms and conditions of enrolment with Assist Ability Academy in our Policies, Procedures and Student Handbook online or call us for a one-on-one consultation.

Link: <https://assistabilityacademy.edu.au/wp-content/uploads/2026/05/Student-Handbook.pdf>

Inclusive Support Practices



At Assist Ability Academy, we are committed to creating a learning environment where everyone belongs. We warmly invite First Peoples, people living with disability, and vulnerable members of our community to enrol and grow with us. We are committed to providing a culturally safe learning environment. Contact our Support Officer for a one on one consultation.

Apprenticeships and traineeships are available pathways within Australia.

ENROL NOW



Speak with our team to assist you on your learning journey

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